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| October |
| 2018 |
| Lynnville-Sully Hawks XC | Perseverance isn’t a long race; it’s many short races one after the other. |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | North Polk Meet (2:15)HS & JH | 3:40-5:15 | 3:40-5:15JH 9th Period | 3:40-5:15HS Team @ VB GameSenior/Parent Night | 3:40-4:45JH 9th Period | Practice?? TBD |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  | 3:40-5:15 | SICL MEET @ English Valleys (TBD)HS & JH | 3:40-5:15JH 9th Period | 3:40-5:15 | Travel to SQM Site??JH 9th Period | Washburn ClassicState JH MeetAnkeny Centennial HS |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  | 3:40-5:15 | 3:40-5:15 | 3:40-4:45HS Team Meal @ School After Practice 5:00pm | 1:00 DismissalState Qualifying MeetSite & Bus Time TBD | 3:40-4:30 |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  | 3:40-5:15 | 3:40-5:15 | 3:40-5:15 | 3:40-5:15  | No School Day3:40-4:30 | HS State MeetFort Dodge |
| 28 | 29 | 30 | 31 |  |  |  |
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